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PLASTIC SURGERY INSTITUTE OF OHIO

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JARED C. STORCK, DO, FACOS  
Board Certified Plastic Surgeon  
Board Certified General Surgeon

**PREOPERATIVELY (BEFORE SURGERY)**

1. Must be on our skin care program for 4 to 6 weeks: Combination of Retin-A and hydroquinone.
2. Start antiviral medication, Valtrex, two days prior to laser.

**POSTOPERATIVE INSTRUCTIONS FOR LASER SKIN RESURFACING**

1. Maintain Silicone mask until next office visit in 3 or 4 days. If the mask peels away from your face (or chin), you can trim it away with scissors and apply CU-3 cream to the exposed areas of skin.
2. Apply the recommended cream or moisturizer to any exposed skin where the mask comes off to keep your face lubricated.
3. Take your antibiotic as directed until gone: \_\_\_\_\_  
Take your antiviral medication as directed until gone: \_\_\_\_\_  
Take your pain medicine as needed: \_\_\_\_\_
4. You will need to be seen in our office 3 to 4 days after surgery, as recommended. Call for an appointment and call if you have any questions or problems.

